
fireloch
GATHERING PLACE
& RETREAT
HOST YOUR RETREAT AT FIRELOCH
A gathering place where people, purpose and place meet.
Wellness • Learning • Leadership • Community

More Than a Venue

At FireLoch, we believe the places where people gather shape the conversations they have, the relationships they build, and the possibilities they carry home.

Created through a lens of wellness in kinship with nature, FireLoch is a fully accessible retreat venue intentionally designed for meaningful experiences. Every trail, gathering space, fire circle, hammock and woodland view invites people to slow down, reconnect and be fully present.

While we host many of our own programs throughout the year, we also welcome facilitators and organizers who are looking for a beautiful, values-aligned place to bring their own retreat vision to life at FireLoch.

Whether you're gathering healthcare professionals, artists, nonprofit leaders, educators, coaches, yoga practitioners, community builders or leadership teams, we'd love to explore whether FireLoch is the right setting for your work.









What You'll Find Here

FireLoch has been designed to support gatherings that encourage reflection, learning, wellbeing and authentic connection.

Our spaces include

- Fully accessible gathering spaces
- Accessible washrooms
- Geodesic gathering dome for up to 59ppl
- Fifty acres of forest trails
- Outdoor fire circle
- Hammock garden
- Wood-fired sauna
- Creative workshop/breakout space for 10-12pm
- Outdoor sheltered and screened in gathering areas
- Wood-fired pizza oven
- Accessible parking

Perfect for

Leadership Retreats

Yoga & Wellness

Healthcare Teams

Strategic Planning

Creative Retreats

Writers & Artists

Community Organizations

Professional Development

Healing & Grief Work

We are proud to be an inclusive and welcoming space, where people of every identity, background and ability are invited to feel safe, respected and at home.

"We were able to complete our strategic plan, inspired by the cycles of the land. Resting in the hammocks and making pizza together was unexpectedly part of the work we needed to do too!" - Rebecca, Atlas Management

Staying & Sharing Meals

Accommodation

FireLoch offers a limited number of onsite accommodations, typically reserved for retreat facilitators.

Participants attending multi-day retreats commonly choose to:

- Camp onsite during our seasonal camping months
- Stay in nearby Airbnb accommodations
- Book at the Microtel Inn & Suites by Wyndham Antigonish

We have arranged preferred rates with the Microtel for FireLoch guests, and for many multi-day retreats we coordinate shuttle transportation between the hotel and FireLoch.

This allows participants to enjoy comfortable accommodations while spending their days immersed in nature.

Food brings people together.

Retreat meals become part of the experience. Cooking together onsite or booking catering through FireLoch can offer different vibes to your event.

Wood-Fired Pizza Gatherings

One of our signature experiences. We provide the ingredients, preparation, staffing and hosting so your group can simply relax and enjoy. Pizza is popular but indian cooking classes, gourmet cookie baking and meals with a private chef have also been booked onsite

Local Catering

We work with trusted local caterers who specialize in retreat groups and wellness-focused menus using fresh, locally sourced ingredients whenever possible.
Vegetarian, vegan, gluten-free and other dietary needs can all be accommodated.









Optional Experiences

Many retreat hosts choose to add experiences that help participants reconnect, build relationships or simply enjoy being together.

Popular additions include

- Wood-fired sauna experiences
- Guided forest walks
- Axe throwing
- Campfire gatherings
- Wood-fired pizza evenings
- Nature-based team building
- Creative workshops
- Seasonal outdoor activities







We're also happy to help connect you with trusted local facilitators offering yoga, massage, breathwork, music, expressive arts and other wellness practices.

Every retreat is different, and we're happy to help shape an experience that reflects your vision.

"Placeholder for participant feedback describing the impact of FireLoch."

Booking Information

Pricing Guide

Every retreat is unique, so we prepare customized quotes based on your needs.

Typical bookings include:

- Half-day venue rental - $400
- Full-day venue rental - $600
- Extended Use - Evening/overnight use of venue - $750
- Evening events - live music artists, sound bowls/meditation/ecstatic dance events, etc - varies by practitioner
- Wood-fired pizza cookouts - $300/15 people all included
- Sauna bookings - $90/hr for groups up to 6
- Shuttle coordination - as needed
- Full facilitation or lighter event support - $75-225/hr

We'd be happy to prepare a personalized quotation after learning more about your plans.

Insurance

FireLoch carries General Liability insurance for the venue.

Clinical practitioners, therapists and regulated professionals are asked to provide proof of Professional Liability insurance before hosting programming onsite.

A Sober Gathering Space

FireLoch is proudly an alcohol free facility.

Our spaces are intentionally designed to support wellbeing, presence, meaningful connection and restorative experiences.

Your Retreat Creates Ripples

Choosing FireLoch is about more than finding a beautiful venue.

FireLoch operates as a social enterprise.

Revenue generated through hosted retreats helps support affordable and subsidized programming for nonprofit leaders, volunteers, healthcare workers, caregivers, youth and community members who are helping build healthier communities across rural Nova Scotia.

When you host your retreat here, you become part of that story.

Your gathering helps make another gathering possible.

Your investment creates a ripple that extends far beyond your own participants.

We like to think of it as a pebble in a pond.

Small actions.

Lasting impact.

Let's Start with a Conversation

Every meaningful retreat begins with listening.

Before booking, we invite you to schedule a phone conversation so we can learn about:

- Your retreat vision
- Your participants
- Group size
- Preferred dates
- Accessibility needs
- Catering options
- Accommodation preferences
- Questions you may have

Together we'll explore whether FireLoch is the right home for the experience you're hoping to create.

A gathering place where people, purpose and place meet.

Website: www.fireloch.com

Email: info@fireloch.com

Phone: 902-802-0160

Social Media @fireloch

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"The land doesn't facilitate the retreat — but it quietly changes what's possible within it."